Dear all

Welcome to post COVID era!! In an era where almost everything came to a standstill the UP Journal of Ophthalmology continued to come out and impart scientific knowledge to all its members. This journal signified that life can never stop and scientific upgradation is a continuous process.

Now that we are back to the era of physical exchange of knowledge, the importance of journal becomes even more as the changing times brought in new types of diseases which need solutions. In this journal these have been well covered in the gorm of articles on mental health (a very important



challenge in currebt times) and on mucormycosis (something which took us by surprise and needed a brushing up of our current knowledge and new insights into the management of this disease.

Some chronic diseases like glaucoma and diabetic retinopathy were ignored during the epidemic times due to less hospital visits. These need special attention now and the review on glaucoma in this journal well covers that.

As a State society UPSOS is committed to imparting scientific knowledge. On behalf of the whole executive committee my Congratulations to the editor Dr Shalini Mohan and the editorial team for their continued efforts on this front.

The lockdown and less work during COVID times initiated some new studies from our state. Literature also shows increase in number of good publications. Let us take this initiation phase into acceleration phase and promote more scientific writing and research activities in our State for more academic upgradation.

Stay safe, stay healthy and stay updated in your knowledge

Dr Mohita Sharma

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General Secretary, UPSOS