

Dear Members,

COVID-19 has shaken up the whole world. It has resulted in not only a health impact but a huge psychological and economic impact on all. Most of the ophthalmologists are in a dilemma as to how to continue to work circumventing the risk of catching infection. However there are some ophthalmologists within our own state of Uttar Pradesh who are fighting corona and are the true COVID warriors. our salute to these COVID warriors. we are really proud of them. I appeal to all ophthalmologists to remember the hippocratic oath and take it as a moral responsibility to serve people by providing emergency services as catering to the surgery follow up patients.



Simultaneously I want you all to take this period as an opportunity to learn new skills and take care of your own health and fitness. This period is also a great opportunity to go heavily into academics. With a number of webinars happening all over including those by your own society UP State ophthalmological society, you have a huge variety of academics to choose from. UPSOS has already held 2 webinars including one international webinar which had a large number of views from all over the world. So we are proud to tell you that now your State society is internationally known and appreciated. This is the time to read good journals as well as contribute as an author in UP Journal of ophthalmology as well as other journals.

Congratulations to Dr. Shalini Mohan for continuing her efforts in bringing out yet another issue of the journal. Do contribute generously and take this journal to very high academic standards. Last and the most important, corona is having a huge impact on psychological health. So remain positive, find ways to remain happy and spread positivity and happiness to all others around you. I would like to thank our President Professor Srikant and our Chairman Scientific committee Dr. Deepak Mishra who are continuously helping and giving suggestions for the academics to continue in the lockdown periods also.

Stay safe, stay healthy, stay happy and stay connected.

Mohita Sharma

Dr. Mohita Sharma,
General Secretary, UPSOS