

Dear Members,

Welcome to COVID times !! In an era where almost everything seems to have come to a standstill the UP Journal of Ophthalmology continues to come out and impart scientific knowledge to all its members. This journal signifies that life can never stop and scientific upgradation is a continuous process.

As a State society UPSOS is committed to imparting scientific knowledge. On behalf of the whole executive committee my Congratulations to the editor and the editorial team.



As doctors we took the hippocratic oath and promised to serve humanity. My appeal to all our dedicated members is to continue to work whole heartedly and simultaneously be updated about all precautions which can keep you safe. Take special care of yourself especially from the ophthalmology point of you. And since workload is less ours being mostly an elective branch, spend more timing reading good journals like this one. You also have the opportunity to do what you never got the time to do. In this one important thing is studies and publishing. So let's get started on this academic front too. And hope to see more contributions of structured study results from our own state of Uttar Pradesh.

Stay safe, stay healthy and stay working

A handwritten signature in blue ink that reads "Mohita Sharma". The signature is written in a cursive style and is positioned above the printed name.

**Dr Mohita Sharma,**

General Secretary, UPSOS